

Salads



	Small Plate	Big plate
Onion soup	5.00 €	
Capcir Salad	6.00 €	9.00 €
<i>(Salad, tomatoes, mountain ham, Tome Catalane cheese ...)</i>		
Bacon Salad	6.00 €	8.50 €
<i>(Salad, tomatoes, bacon, croutons ...)</i>		
Home Made Duck Liver Pate salad	9.00 €	15.00 €
Hot Goat's Cheese Salad	7.00 €	9.50 €
Specialty home made country terrine	6.00 €	
Mountain ham	7.00 €	9.00 €
Petite Ourse Salad	7.80 €	12.00 €
<i>(Salad, Tomatoes, sliced duck breast, goat's cheese, honey...)</i>		
Capricieuse Salad	7.50 €	12.00 €
<i>(Salad, Tomatoes, mountain ham, goat's cheese, honey...)</i>		

Assiettes Saveurs et Terroir

Assiette Saint Benoît	9.00 €	<p>SARL VERDIE & FILS PRODUITS VEGETAUX DE QUALITE GROS - DEMI GROS - DETAIL Marché d'Epône - Marché de Coulton Marché de Jarnac Tel: 09 68 74 34 28 Boulevard d'Epône Avenue de Carcassonne</p>
<i>Tomatoes, cow cheese de l'Abbaye Notre Dame de Donezan...</i>		
Assiette Cabrette	9.00 €	<p>PATRICE + NOTRE DAME DE BOZIAN Elevage 11500 LE CLAT Tél: 04.68.20.24.09</p>
<i>Tomatoes, Goat cheese du Plateau de Saunt...</i>		
Three cheeses plate	12.00 €	<p>PATRICE CARRE ELEVEUR-CAPRIE-FROMAGE 11140 LE CLAT 04 68 20 58 88</p>
<i>Tome de vache de l'Abbaye, Chèvre Frais du Plateau, tome de brebis</i>		
Charcuterie	12.00 €	
<i>home made country terrine , Mountain ham, local made sausage...</i>		



Service Charge Included. Drinks Extra



PATRICE CARRE ELEVEUR-CAPRIE-FROMAGE
11140 LE CLAT
04 68 20 58 88

Le Cabon de Mouton
SARL VERDIE & FILS
Produits et Charcuterie Couscous
©G.A. - C. Champagne
Le Clat 11140 Epôneville

Meats and dish (flat) warm



Pasta with beef in sauce

8.00 €

Grilled Sausage

8.00 €

Preserved leg of duck in a creamy mushroom sauce

12 €

Fricassee d'Ax

11 €

(Pork cooked slowly with mushroom, mountain ham, tomato, olives)

Grilled Rib Steak (Origin France: beef of our mountains)

18 €

Veal tender loin wipes Maury (Origin France: veal of our mountains)

20 €

Tournedos of duck with foie gras

20 €

Fish

Net of trout with saffron butter

18 €

Net of Trout raised (brought up) in mountain on the edges of the Aude



GAEC DE CAUDEMIQUE

Elevage de Canards - Produits de la Ferme
Fabrication artisanale

Thierry et Régis MARY 11420 PLARIGE



Service Charge Included

Menu Sentier 13.50 € only for lunch

Tomatoes salad

Onions soup

Bacon Salad (salade aux lardons)

Speciality home made country terrine

Grilled Sausage

Pasta with beef in sauce

Home made patisserie

Egg custard (spéciality)

Cream cheese with raspberry sauce

Ice cream (Flavour chocolate liegeois or coffee liegeois)



Spécial Petite Ourse 18 €

Hot Goat's Cheese Salad

Capcir salad

Specialty home made country terrine

Onions soup

Fricassée d'Ax

(Home Speciality : pork cooked slowly with mountain ham, olives, tomato, ...)

Home made patisserie

Pomme Eden (apple cooked slowly in a light syrup)

Cream cheese with raspberry sauce

Ice cream (Flavour chocolate liegeois or coffee liegeois)

Egg custard (speciality)



Service Charge Included

Menus Grillades **25 €**

Capcir Salad

(salad, tomato, tome catalane cheese, mountain ham ...)

Hot Goat's Cheese Salad

Onion Soup

Specialty home made country terrine

Mountain Ham

Home Made Duck Liver Pate salad

(+ 4.00 €)

Grilled rib steak

(Origin France: beef of our mountain)

Net of trout in the colored with saffron butter

Trout raised (brought up) in mountain on the edges of the Aude

Dessert

or

Cheese (+1€ for cheese)



Menus Haute Vallée **27 €**

Petite Ourse Salad

(Salad, Tomatoes, sliced duck breast, goat's cheese, honey...)

Capricieuse Salad

(Salad, Tomatoes, mountain ham, goat's cheese, honey...)

Home Made Duck Liver Pate salad

(+ 4 €)

Charcuterie

Preserved leg of duck in a

Creamy mushroom sauce

Or

Fricassée d'Ax

Cheese

Dessert

Desserts for Menus 25 and 27 €

Home made patisserie

Pomme Eden

(apple cooked slowly in a light syrup)

Cream cheese with raspberry sauce

Ice cream

(Flavour chocolate liegeois or coffee liegeois)

Egg custard

Le Parfait Cathare (+ 1.00 €)

(Home ice cream flavour lemon/cinnamon)



Service Charge Included



Petite Ourse Salad

(Salad, Tomatoes, sliced duck breast, goat's cheese, honey...)

Parahou Salad

(Salad, Tomatoes, coppa, ewe cheese, ...)

Home Made Duck Liver Pate salad (+ 4 €)

Charcuterie de Pays

Veal tender loin wipes Maury

Or

Tournedos of duck with foie gras

Cheese

Dessert

GAEZ DE CAUDEMIQUE

Élevage de Caprins - Production de Laiteries
Fabrication artisanale

Thierry et Paule MARY - 13400 FLARJON

PATRICE CARRE
ELEVEUR-CAPRIN-FROMAGE
11140 LE CLAT
04 68 20 58 88



Patricia et Christian CUCILLERE
©Léveur - "Charcutier Maury"
Le village 11140 SARRADONNE

